

West Chicago Sharks  
2009 Polar Bear Classic  
Jan. 8<sup>th</sup> – 10<sup>th</sup>, 2010  
West Chicago Community High School  
326 Joliet St.  
West Chicago, IL

Each Swimmer may swim 4 individual and 1 relay events per day.

Swimmer surcharge: \$2.00

Price Per event: \$3.00

Price Per swimmer on per relay: \$ 1.75

Please pay at the front desk. Let them know it is for a swim meet.

**ORDER OF EVENTS**

See Attached Sheet.

Swimmer's name: \_\_\_\_\_

EVENTS

Friday PM

1)\_\_\_\_\_ 2)\_\_\_\_\_ 3)\_\_\_\_\_ 4)\_\_\_\_\_

Saturday

1)\_\_\_\_\_ 2)\_\_\_\_\_ 3)\_\_\_\_\_ 4)\_\_\_\_\_

Sunday

1)\_\_\_\_\_ 2)\_\_\_\_\_ 3)\_\_\_\_\_ 4)\_\_\_\_\_

RELAYS

You can request a relay, but if I do not have enough swimmers attending, there will be no relay for that age group.

Saturday relays Yes or NO

Sunday Relays

YES or NO

I need to submit as soon as possible before this meet fills up. Please return to me no latter then 7:00 p.m. Friday December 2, 2009



Buehler YMCA  
1400 W. Northwest Highway  
Palatine, IL. 60067  
(847) 359-2400  
[www.buehlerymca](http://www.buehlerymca)

## Friday, January 8 2010

**SESSION 1:** Warm-ups start at 5:00 PM  
First splash at 6:00 PM  
(only one event per swimmer)

GIRLS	AGE GROUP	DISTANCE	STROKE	BOYS
1	10 & U	200	IM	2
3	11-12	200	IM	4
5	13-14/Senior	400	IM	6
7	10 & U	200	FREE	8
9	11-12	200	FREE	10
11	13-14/Senior	500	FREE	12

## Saturday, January 9 2010

**SESSION 2:** Warm-ups start at 7:00 AM  
First splash at 8:00 AM

13	10 & U	100	FREE	14
15	11-12	100	FREE	16
17	10 & U	50	BREAST	18
19	11-12	50	BREAST	20
21	10 & U	50	BACK	22
23	11-12	50	BACK	24
25	10 & U	100	FLY	26
27	11-12	100	FLY	28
29	10 & U	200	FREE RELAY	30
31	11-12	200	FREE RELAY	32

**SESSION 3:** Warm-ups start at 12:00PM  
First splash at 1:00 PM

33	8 & U	50	FREE	34
35	13-14/Senior	200	FREE	36
37	8 & U	25	FLY	38
39	13-14/Senior	50	FREE	40
41	8 & U	25	BACK	42
43	13-14/Senior	100	BREAST	44
45	8 & U	100	FREE RELAY	46
47	13-14/Senior	200	FLY	48
49	13-14/Senior	200	BACK	50
51	13-14/Senior	200	FREE RELAY	52

**SESSION 4:** Warm-ups begin immediately following session 3.  
First splash not before 4 PM

Open	1000	FREE	54
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## Sunday, January 10 2010

**SESSION 5:** Warm-ups start at 7:00 AM  
First splash at 8:00 AM

GIRLS	AGE GROUP	DISTANCE	STROKE	BOYS
55	10 & U	100	IM	56
57	11-12	100	IM	58
59	10 & U	100	BREAST	60
61	11-12	100	BREAST	62
63	10 & U	50	FREE	64
65	11-12	50	FREE	66
67	10 & U	50	FLY	68
69	11-12	50	FLY	70
71	10 & U	100	BACK	72
73	11-12	100	BACK	74
75	10 & U	200	MED RELAY	76
77	11-12	200	MED RELAY	78

**SESSION 6:** Warm-ups start at 12:00PM  
First splash at 1:00 PM

79	8 & U	25	FREE	80
81	13-14/Senior	200	IM	82
83	8 & U	25	BREAST	84
85	13-14/Senior	100	FREE	86
87	8 & U	100	IM	88
89	13-14/Senior	100	FLY	90
91	8 & U	100	MED RELAY	92
93	13-14/Senior	100	BACK	94
95	13-14/Senior	200	BREAST	96
97	13-14/Senior	200	MED RELAY	98

**SESSION 7:** Warm-ups begin immediately following session 6.  
First splash not before 4 PM

99	Open	1000	FREE
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### Attention:

- Open events will be scored 13-14 and Senior.
- Session 1, 4, 7 events may be limited to top 4 heats.
- All 1000 yard swimmers must provide their own timers and lap counters.
- Heats for session 4 & 7 will be run fastest to slowest.